

# Occupational health hazards faced by the spice grinding workers

■ SUDHA BABEL AND RUPALI RAJVANSHI

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See end of the paper for authors' affiliations

Correspondence to :

**RUPALI RAJVANSHI**

Department of Textiles and Apparel Designing, College of Home Science, Maharana Pratap University of Agriculture and Technology, UDAIPUR (RAJASTHAN) INDIA  
Email: - rajvanshi24@gmail.com

■ **ABSTRACT** : The objective of present investigation was to find out the existing clothing practices, protective measures used and physical problems faced by the spice grinding workers. For this purpose, thirty respondents were purposively selected and structured interview schedule was used for data collection. Results revealed that majority of the respondents were wearing the *Dhoti*, *Kurta* and *Pajama*. No protective clothing was used. Physical problem faced were burning sensation on skin while cleaning and grinding chillies, eye irritation, watery nose, coughing and sneezing etc. Hence, the need arises to generate awareness among the spice grinding workers for the use of personal protective clothing to save themselves by various physical problems.

■ **KEY WORDS** : Spice grinders, Protective clothing, Physical problems

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